

PRIVACY POLICY

BACKGROUND

At The Healthy Worker, we are committed to maintaining the trust and confidence of our clients, contacts and visitors to our website. We want you to know that we don't share or trade mailing lists with anyone else as our relationship with you is valued and respected. If you would like further information, please read on to find out about how and why we collect information and use it.



This privacy policy tells you:

- what information we collect
- how we use that information
- whether the information is disclosed
- how you can unsubscribe from contact

People who may use our website include:

- our clients and prospective clients (organisations that contract us to provide services)
- employees of our clients (the end users of our services)

INFORMATION WE COLLECT FROM YOU

When you contact us about our services or to get information from our website, we collect only the information we need, including:

- any questions, queries or feedback you send us about using the website
- your email address if you send an email to us
- details you send to us when asking about our services, such as:
 - your name, address and email address
- information on how you use the website or online services collects automatically using cookies; this potentially includes the internet browser you use, the site you came to our site from and your IP address.

HOW WE USE THE INFORMATION WE COLLECT

When someone visits www.thehealthyworker.co.uk we use a third-party service, Statcounter, to collect the information outlined above. We do this to find out things such as the number of visitors to the various parts of the site. This information is only processed in a way which does not identify anyone. We do not make any attempt to find out the identities of those visiting our website.

We use the information we collect to:

- improve the website by monitoring how you use it
- respond to any feedback or questions you send us, if you've asked us to respond

www.thehealthyworker.co.uk

Tel: 01684 231461

info@thehealthyworker.co.uk

- give you information you want about other services
- provide services to you if you are a customer

MAILING LISTS

We'll contact you if you've signed up for our Business Briefing (newsletter) on our website or provided us with your contact details for the purpose of gaining further information from us at conferences or through networking events. We use that information to provide you with our Business Briefing, event information and to check every now and then that you're happy and satisfied. The Heathy Worker will not sell or exchange email lists with other organisations and businesses.

We use a third-party provider, MailChimp, to deliver our Business Briefing and any additional information. We gather statistics around email opening and clicks using industry standard technologies to help us monitor and improve. For more information, please see [MailChimp's privacy notice](#).

You can unsubscribe to our mailings at any time by clicking the unsubscribe link at the bottom of any of our emails.

YOUR RIGHTS

Under data protection laws, you have a number of rights. For example, you can ask us:

- for a copy of the information we hold about you
- to delete information or correct any inaccuracies
- to update any out-of-date information

If you ask us to delete all personalised data we hold about you, we will do that. You can contact us by emailing info@thehealthyworker.co.uk

POLICY UPDATES

This Policy will be updated with any significant changes, or annually.

Latest update: 23rd May 2018